



# 2017 Shepherd Maple Syrup Festival 5k/10k Run and 5k Walk

**HOSTED BY:** Shepherd Cross Country and Track

**LOCATION:** Shepherd Track/Football Complex

**WHEN:** Saturday April 29<sup>th</sup>, 2017 (10k–7:30am, 5k–8am)

**REGISTRATION** – prices shown are for mail in registration (\$5 discount given online).

**FUN RUN**

Super Early Registration: \$25 per person, Deadline is December 31<sup>st</sup>

9:00 am – on track – no registration needed

Early Registration: \$30 per person, Deadline is April 15<sup>th</sup>

Late Registration: \$35 per person, Late Registration at site or online only after April 24<sup>th</sup> (Do not mail registration after 24<sup>th</sup>)

**CHIP TIMING**

2017 events will be chip timed by CHT Timing. [www.chttiming.com](http://www.chttiming.com)

**RACE GIVEAWAYS**

Race shirts, Maple Syrup Festival pancake meal tickets, commemorative glass and other giveaways can only be guaranteed to first 700 registrants (or anyone registered by 3/26/17) so register early.

**Maple Syrup Festival Pancake Breakfast**

Each registered runner/walker (guaranteed if in first 700 or if registered by 3/26/17) will receive a complimentary ticket for the world famous pancake meal. Tickets can be used at anytime during the weekend. The elementary cafeteria will again be available after the race for runners and their families to enjoy the traditional Syrup Festival Breakfast. Additional tickets for those joining the runner/walkers will be available at the door. Prices for additional tickets are: \$7 for adults, \$3 for children 5-12, under 5 are free.

**PACKET PICK-UP**

At Shepherd Track/Football Complex: 4:00 pm – 7:00 pm April 28<sup>th</sup> OR 6:00 am – 7:30 am April 29<sup>th</sup>.

**AWARDS**

Overall Open M & F; Overall Masters M & F; 3 Deep per age group. Unique awards to all winners. Awards will be available for pickup in Elementary cafeteria as soon as results are posted (also at cafeteria).

**AGE GROUPS**

14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 & over.

**MAIL ENTRY FORM & MAKE CHECK PAYABLE TO: Shepherd Cross Country**

More Info: Website: <http://runmsf.com>

Attn: Rick Cahoon

Contact: Rick Cahoon: [ricahoon@gmail.com](mailto:ricahoon@gmail.com)

100 Hall St, Shepherd, MI 48883

NAME: \_\_\_\_\_ GENDER: \_\_\_\_\_ RACE: 5K Run: \_\_\_\_\_ 10K Run: \_\_\_\_\_ 5k Walk: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ AGE ON 04/29/17: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

SHIRT SIZE: \_\_\_\_\_ SIZES AVAILABLE: XS S M L XL XXL (\$2 additional cost)

E-MAIL ADDRESS: \_\_\_\_\_

*(make sure e-mail is included and readable or you will not get entry confirmation and pre race instructions)*

**Waiver:** I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants or spectators, the effects of the weather, traffic, and conditions of the race course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of this entry being accepted, I, for myself and anyone entitled to act on my behalf, waive and release the sponsors, supporters, officials, and the City of Shepherd from all claims or liabilities of any kind that may arise on the part of the persons named in this waiver.

\_\_\_\_\_  
PARTICIPANT SIGNATURE

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE (IF PARTICIPANT IS UNDER 18)